

## NECTAR PLANTS FOR BUTTERFLIES

(and Other Pollinators)

**Note: Many – but not all – of the following are native plants.**

Abelia, Glossy Abelia x grandiflora ‘Rose Creek’  
Aster, Fall *Symphotrichum oblongifolium* ‘October Skies’  
Aster, Maryland Golden *Chrysopsis mariana*  
Black-eyed Susan *Rudbeckia hirta*  
Blanket Flower *Gaillardia x grandiflora*  
Butterfly Bush *Buddleja davidii*  
Butterfly Bush *Buddleja x weyeriana*  
Coneflower, purple *Echinacea purpurea*  
Coreopsis, Threadleaf *Coreopsis verticillata*  
Firecracker, Red *Russelia saramentosa*  
Firecracker Shrub *Hamelia patens*  
Goldenrod *Solidago sempervirens* ‘Seaside’  
Grousel *Baccharis halimiflora* - native  
Horsemint (Spotted Bee Balm) *Monarda fistulosa*  
Ironweed New York *Veronia noveboracensis*  
Joe Pye Weed *Eutrochium purpureum*  
*Lantana camara* ‘Confetti’  
*Lantana camara* ‘Red Spread’  
*Lantana Lantana* ‘New Gold’  
Lantana Trailing *Lantan montevidensis*  
Liatris *Liatris spicata*  
Mexican Heather *Cuphea hyssopifolia*  
Pentas (annual)  
Phlox, Creeping *Phlox subulata*  
Porterweed, Blue *Stachytarpheta cayennensis*  
Sage, Autumn *Salvia greggii*  
Sage, Cherry *Salvia x jamensis* ‘Hot Lips’  
Sage, Hummingbird *Salvia coccinea* ‘Coccral Nymph’  
Sage, Pineapple *Salvia elegans*  
Salvia *Salvia guarantica* ‘Black and Blue’  
Salvia *Salvia* ‘Indigo Spires’  
Salvia ‘Mystic Spires Blue’  
Salvia ‘Wendy’s Wish’ (annual)  
Speedwell Veronica ‘Sunny Border Blue’  
Square stem ‘Snow’ *Melanthera nivea*  
Summersweet *Clethra alnifolia*  
Sunflower, Coneleaf *Rudbeckia laciniata* and Oxeye ‘Summer Sun’  
Verbena, Upright *Verbena bonariensis* – native (hard to control)  
Verbena, Homestead *Glanularia Canadensis*  
Zinnia ‘Profusion mix’

**For more information, go to the Clemson Home and Garden Information Center (HGIC) fact sheet on butterfly gardening: <https://hgic.clemson.edu/factsheet/butterflies-in-the-garden/>**