



Lowcountry Master Gardener Association

www.LowcountryMasterGardeners.org

BOYS AND GIRLS CLUB OF BLUFFTON

100 H.E McCracken Circle P. O. Box 1908
Bluffton, South Carolina 29910

Wednesday Afternoons 3:30 to 5

Jim Lorenz, Project Manager

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The Lowcountry Master Gardeners support garden projects at the Bluffton Boys and Girls Club. The gardens augment the Boys and Girls Club Core Program Area of Health and Life Skills. The garden projects are used to teach the students the importance of good eating habits including a diet rich in fruits and vegetables. The students are involved in all aspects of the garden from deciding what to plant, the care of plants during the growing season and then harvesting.

All during this process, the children are educated on the fundamentals of gardening, environmental stewardship and healthy eating. The past two years, the students have taken some of their produce to the Bluffton Farmers Market to sell. The experience of selling the produce introduces the students to various aspects of running a business.

The soil garden has five raised beds. Four of the beds are currently planted with fall vegetables including carrots, radishes, lettuce, cabbage, onions and kale. The fifth bed is planted in strawberries. The hydroponic towers are planted with fresh greens and herbs. We also have blueberry and blackberry bushes and peach, pear and apple trees. Recipes for healthy foods are tested by the students. The students have made fresh basil pesto, strawberry-banana smoothies and fresh tomato salsa. We meet on Wednesdays at 4 p.m. at the Bluffton Boys and Girls Club which is located behind Bluffton High School. We are always pleased to get new volunteers. If you are interested in volunteering, contact Jim Lorenz at jblojblorenz@gmail.com



We plan to do an evaluation of the different performance between the in-soil garden and the hydroponic garden during the summer growing season.